

## **IMPORTANT NOTICE TO ALL PARENTS REGARDING H1N1 INFLUENZA:**

In our efforts to provide a safe and healthy learning environment for all of our staff and students, children who exhibit H1N1 Influenza symptoms **WILL IMMEDIATELY BE SENT HOME FROM SCHOOL.**

**Parents MUST plan for keeping their child home for 7 days from the onset of symptoms. If symptoms last longer than 7 days, then they MUST stay home until 24 hours after the symptoms are gone (Alberta Health Services).**

It is only through adhering to the recommendations of the Calgary Health Region that we can help protect against the spread of the H1N1 Influenza. We thank you in advance for respecting these guidelines, and for putting the safety and welfare of all of our children first!

(Symptoms of H1N1 Influenza are similar to the symptoms of regular influenza infection and include fever, cough, muscle aches, sore throat, lethargy and lack of appetite. In addition, some people report runny nose, diarrhea and vomiting.)

### **More Information:**

Alberta Health and Wellness      [www.health.alberta.ca](http://www.health.alberta.ca)

Alberta Health Services            [www.albertahealthservices.ca](http://www.albertahealthservices.ca)

Public Health Agency of Canada    [www.phac-aspc.gc.ca](http://www.phac-aspc.gc.ca)

Calgary Health Link    1-866-408-5465 or [www.healthlinkalberta.ca](http://www.healthlinkalberta.ca)

Centre for Disease Control            <http://www.cdc.gov/h1n1flu/>