

**Essential Skills**

● **Act courageously**

○ Students will

**IT**

Intentionally Taught

**O/F**

Opportunities (review/practice) or Fostered

Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
• be able to identify what constitutes their own comfort zones			IT	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT
• develop and apply strategies that will push them outside of their own comfort zones	IT	IT	IT	O/F	IT	IT	IT	O/F	O/F	IT	IT	IT	IT
• be able to identify the benefits of working outside of their comfort zones	IT	IT	IT	O/F	IT	IT	IT	O/F	O/F	IT	IT	IT	IT