

Character Education Vision

To foster sustainable communities that are caring and ethical.

Character Education Mission

To prepare students to be ethically engaged citizens who care deeply, think critically and act courageously.

Character Education Guiding Principles

- Character Education connects school learning with daily life.
- Character Education will be intentional specifically taught, infused throughout the curriculum and embedded in what we do.
- Student engagement in character development is fostered through opportunities to think critically and contribute to decision-making.
- Intrinsic motivation is essential to character development.
- All staff accept responsibility to promote and model positive character.
- Staff will communicate with parents and students regarding student character development.
- Parent partnerships are an important part of creating a culture of character.
- Community partnerships can be a powerful tool in creating a culture of character.
- Student engagement in Service Learning is important to character development.
- Character education facilitates the development of self-reflection, which leads to a strong personal identity and an understanding of one's relationship with the world.

Revised: Includes DC

Foundational Descriptors



Ethic of Care – This is the core component of Character Education at FFCA. Leading a character education initiative requires a focus on helping students and staff develop an awareness of ethical caring, the skills to care, the courage to act in a caring manner, and the connections that cultivate a caring community.

An ethic of care is based upon a regard and desire for the well being of self and others. Caring is the foundation of ethical or moral behavior and the foundation of relationship. "A care ethic begins with the assumption that it is morally relevant to acknowledge that all humans are specific, concrete individuals rather than abstract, generic beings" (Hankvisky, 2004, p. 32). Care involves a focus on, and prioritizing of, relationship and the skills and qualities necessary for building relationship. This caring relationship involves acceptance and trust. Care involves receptive attention, reciprocity, empathy, feeling, and vulnerability. The development of empathy is fundamental to caring. It is the moral core, motivates care, and has the potential to stop cruelty.

Virtues Education – Virtue is a pattern of thought and behavior based on high moral standards. Virtues can be placed into a broader context of values. Societies have values that are shared among many of the participants in that culture and therefore these are considered to be a societal virtue, instead of just an individual's personal value. The act of defining, exploring, and applying these virtues and values will influence the person that each student will become in the future. It is also the process of having students explore which key virtues and values predominantly guide their decision making, and by understanding this, enabling them to be more aware of the reasons why they make the decisions they do and the impact that they have on others. The core virtues that make up the heart of the FFCA program are: Respect, Responsibility, Self-Discipline, Compassion, and Integrity.

Values Awareness - Personal values provide an internal reference for what is good, beneficial, important, useful, beautiful, desirable, constructive, etc. Values generate behaviour and help solve common human problems for survival by comparative rankings of value, the results of which provide answers to questions of why people do what they do and in what order they choose to do them. This is a process of having students explore which values predominantly guide their life, and by understanding this, enabling them to be more aware of the reasons

why they make the decisions they do. Examples of some basic values are: friends, family, power, money, humility, hope, influence, education, acceptance, achievement, courtesy, creativity, effectiveness, freedom, diversity, empowerment, individuality, etc.

Ethical Decision Making – This is a guiding principle that helps to set the framework for the way that students and adults respond and act in given situations. The basis of ethical decision making is: Human behavior has consequences for the welfare of others. We are capable of acting towards others in such a way as to increase or decrease the quality of their lives. We are capable of helping or harming by the decision that we make. (Paul and Elder, 2003)

Building Relationships and Communities

Relationships – Through this foundation student will explore and develop a working understanding that relationships usually involve some level of interdependence. People in a relationship tend to influence each other, share their thoughts and feelings, and engage in activities together. Because of this interdependence, most things that change or impact one member of the relationship may have some level of impact on the other member. By building positive relationships, students will develop an understanding of how relationships support various communities.

Communities – Through this foundation students will explore the interworking of what it means to be an active citizen within a classroom, school, and broader community. The student will further investigate and experience the structures, interdependence, common beliefs/values, shared characteristics, and the need for mutual respect that forms sustainable communities that are caring and just.

Personal and Team Leadership – Through this foundation students learn the elements that make up an ethical leader and methods that will enhance their influence while becoming responsible citizens. This component builds the students' mastery of self, sense of community and their understanding of the positive influence they can have on their lives and others.

Key Processes

Self-Reflection
Integration into the culture and curriculum
Goal Setting
Experiential Learning
Service Learning
Teacher Directed
Skill Development
Cooperative Learning
Moral Reasoning
Discussion/class meetings

Core Virtues

- Respect
- Responsibility
- Compassion
- Self-Discipline
- Integrity

<u>Character Education Map at a Glance – Enduring Understandings</u>

during Understanding					IT	Int	ention	ally Ta	ught				
How a person thinks, cares, and feels influences their choices.					0/	F Op	portur	nities (ı	eview,	/pract	ice) or	Foster	red
 Students will 													
Learning Targets	K	1	2	3	4	5	6	7	8	9	10	11	1
understand the difference between chance and choice	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	IT	IT	O/F	(
understand that it takes courage to act in accordance with core virtues	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	(
 understand that it takes courage to act when faced with a moral dilemma 					IT	IT	IT	IT	IT	Ħ	O/F	O/F	
 understand the connection between thought and action 			IT	IT	IT	O/F	O/F	IT	IT	E	O/F	O/F	
 understand the meaning of the core virtues and be able to provide examples—what they look like, sound like, and feel like 	IT	IT	IT	IT									
understand the connection between ones actions and the core virtues	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	T
understand the impact of the core virtues on decision making			IT	IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	
understand what values are and how they are developed			IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	O/F	I
 understand their own personal values and be able to develop a personal values framework 								IT	IT	IT	IT	IT	
 understand the influence of values on decision making 				IT	IT	IT	O/F	O/F	IT	E	IT	IT	
be able to identify types of feelings	IT	IT	IT	IT			IT	IT	IT	E			
 be able to recognize when their feelings are impacting their choices, either positively or negatively 			IT	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	1
 understand the impact of feelings on decision making—their own and others 				IT	IT	IT	O/F	O/F	IT	Ε	IT	O/F	
 understand ethical caring and how it is connected to decision making 			IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	O/F	
 understand what is sensitivity and desensitization (connected to empathy and ethical care) 	O/F	O/F	O/F	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	
 understand care as a criterion for evaluating and making choices 			IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	O/F	4
 understand various learning styles, identify their own, and develop strategies to adapt to various learning environments. 					IT	ΙT	IT	O/F	O/F	IT	IT	IT	
 understand the need to address various learning styles and skill sets while working in a group setting. 								IT	IT	O/F	O/F	IT	T

Enduring Understanding				IT	Inter	ntional	ly Taug	ght					
Character is seen in the choices individuals make.			(O/F	Oppo	ortunit	ies (re	view/p	ractice	e) or Fo	ostere	t	
o Students will													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 understand what character is through various examples 	IT	IT	IT	IT	O/F	O/F	O/F						
 understand how a person's character is revealed through his or her choices on a daily basis 			Τ	IT	IT	IT	O/F	O/F	O/F	Η	Ε	O/F	O/F
understand that actions are more important than words				IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F
 understand that people make relationship choices based on an individual's character (relationship bank account) 				IT	IT	IT	O/F	O/F	O/F	Н	Ħ	IT	O/F
 understand that the choices they make can create a reputation that differs from the image they want to aspire to 					IT	IT	IT	IT	IT	Η	O/F	O/F	O/F
 understand what it means to act as a role model as a positive influence to others 				IT	IT	IT	O/F	O/F	IT	IT	O/F	O/F	O/F

Enduring Understanding					IT	Int	ention	ally Ta	ught				
 There are outcomes for all choices that people make. 					0/	F Op	portun	ities (ı	eview	/pract	ice) or	Foster	red
 Students will 													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 understand the importance of respecting their physical environment 	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F	IT	IT
 understand that they have an emotional impact on those around them 			IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F
 be able to identify possible outcomes for their actions 					IT	IT	IT	Η	Ε	Ε	O/F	O/F	O/F
understand cause and effect	IT	IT	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F
 be able to evaluate whether one choice is more ethical than another 				Η	IT	IT	IT	Η	Ħ	E	IT	IT	IT
 understand the positive impacts of making ethical choices 			IT	IT	IT	O/F	O/F	IT	IT	IT	IT	IT	IT

 Enduring Understanding A person of character is intrinsically motivated to make ethical choices. Students will 					0,		tentioi oportu	•	_	v/prac	tice) o	r Foste	ered
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 understand what extrinsic and intrinsic motivation is and how each impact a person 				Η	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F
 understand what self-motivation is and what is their internal motivation 			IT	IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	O/F
 understand that all choices are effected by a person's motivation 						IT	IT	IT	IT	IT	IT	IT	IT
understand what makes a choice ethical					IT	IT	O/F	O/F	O/F	IT	IT	IT	IT
 understand what conscience is and the role it plays in ethical decision making 	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F

Enduring Understanding					IT	Inte	ention	ally Ta	ught				
 All people have value and the right to be respected. 					0/	F Op	portur	nities (ı	review	/pract	ice) oı	Foste	red
 Students will 													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
understand the meaning of respect	IT	IT	IT	IT									
identify examples of respect looks like, sounds like, feels like	IT	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
evaluate whether or not a choice is respectful	O/F	O/F	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	O/F	O/F
 understand that there are, and indentify, commonalities (interest, celebrations, activities, etc.) between different individuals 	IT	ΙT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F
understand the importance of respecting diversity	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
understand that there are common needs (social, emotional, and physical) for all people			IT	IT	IT	IT	IT	O/F	O/F	IT	IT	O/F	O/F
 understand the dangers of objectifying people and how it can lead to oppression 					IT	IT	IT	IT	IT	IT	IT	IT	IT
 understand and identify harmful behaviours exhibited by themselves or others (e.g. discrimination, racism, bullying, etc.) which has a negative impact on an individual or a community. 				IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
 understand that respecting oneself is critical to being able to respect others 							IT	IT	IT	IT	IT	O/F	O/F

Enduring Understanding					IT	Int	entior	nally Ta	aught				
 Care focuses on the well-being of self and others. 					0/	<mark>'F</mark> Op	portu	nities (review	//pract	tice) or	Foste	red
 Students will 													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
understand what natural and ethical caring is			IT	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F
 understand that empathy to a person's distress is a natural expression of care 				IT	IT	IT	O/F	O/F	O/F	IT	IT	O/F	O/F
 understand what it means to care for someone and to be cared for 	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
 understand what is empathy and the impact it can have on others 				IT	IT	IT	O/F	O/F	IT	IT	IT	O/F	O/F
 understand how certain issues (societal, global, natural disasters, etc.) impact people 	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
 understand the role that self control plays in a caring relationship 	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
 understand that forgiveness is an expression of care 	O/F	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F			
 understand that forgiveness is a choice necessary for personal well-being 									O/F	IT	IT	IT	IT

 Enduring Understanding Inclusion is a cornerstone of a caring and just community. Students will 					IT O/F			illy Tau ities (re	_	practio	ce) or	Foster	ed.
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 understand belonging is a human need which is essential for the development of an inclusive and caring community 	IT	IT	O/F	O/F	O/F	IT	IT	O/F	O/F	IT	IT	O/F	O/F
 understand inclusion is an important way to express care 	IT	IT	IT	O/F	O/F	IT	IT	O/F	O/F	IT	IT	O/F	O/F
understand the impact that shared and diverse values can have on an inclusive environment							IT	IT	IT	IT	IT	IT	IT
 understand what a stereotype in and the impact that it can have on others 				IT	IT	IT	IT	IT	IT	IT	IT	O/F	O/F
understand what bias is and how it impacts personal understandings and assumptions					IT	IT	IT	IT	IT	IT	IT	IT	IT
understand their own bias and perspective					IT	IT	IT	IT	IT	IT	IT	IT	IT
be aware of the perspectives of others				IT	IT	IT	IT	O/F	O/F	O/F	IT	IT	O/F
understand tolerance and be tolerant of others	IT	IT	IT	IT	O/F	O/F	O/F	IT	O/F	O/F	IT	IT	O/F

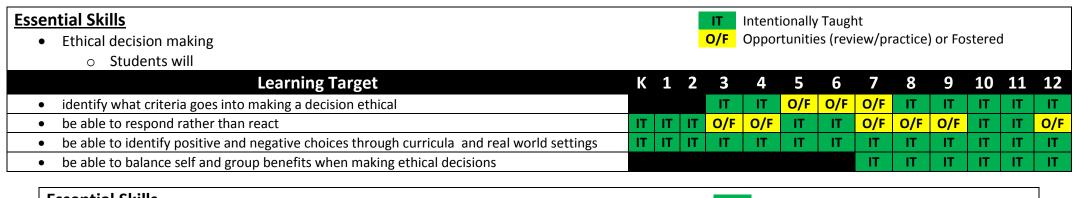
Enduring Understanding				IT	Int	enti	onall	ly Taug	ght				
 People are interdependent; the choices individuals make impact others. 			C	D/F				,	view/p	racti	ice) o	r Foste	ered
 Students will 													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 understand how basic needs are met by others 			IT	IT	IT	IT	IT	O/F	O/F	IT	IT	O/F	O/F
 understand the connection between choices made and the impact on others (within and outside their community) 	IT	IT	IT	IT	Η	IT	IT	IT	IT	IT	IT	IT	IT
 understand that the choice not to act, being a bystander, has an impact on others 		IT	IT	Ţ	Τ	IT	IT	IT	IT	IT	IT	I	IT

Enduring Understanding					IT	Int	ention	ally Ta	ught				
 Relationships with family, friends, and community have an effect on each person. Students will 					0/	F Op	portur	nities (review	/pract	ice) or	Foster	ed
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 understand the importance of relationships (family, friends, and community) 	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
understand that relationships are critical to creating a caring community	O/F	O/F	O/F	IT	IT	O/F	O/F	IT	IT	O/F	O/F	IT	IT
 understand what unconditional care (ethical) is and how it impacts various relationships 		IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	IT	IT	IT
 understand the importance of believing that a person has the best possible intentions, until given reason to question 			IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT	O/F
 understand that operating from a position of trust sets the stage for building relationships 			IT	IT	IT	O/F	O/F	IT	IT	IT	IT	O/F	O/F
 understand how the actions people take and the words people speak on a daily basis build or erode trust 	IT	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
understand that it takes a longer time to build trust than to erode it	IT	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
 understand the impact that positive and negative interactions can have on relationships. 	IT	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F

Enduring Understanding					IT	Int	ention	ally Ta	ught				
 Optimism contributes to motivation, performance, and well-being. Students will 					0/	F Op	portun	nities (review	/pract	ice) or	Foster	red
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 understand that one person can make a difference, even if it is a small one 		IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F
 develop a growth-oriented (socially, emotionally, physically, intellectually) mindset 	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	IT	IT	O/F	O/F
 understand that having a positive self-worth is important to their own well-being 		IT	IT	IT	IT	O/F	O/F	IT	IT	IT	IT	IT	IT
 understand that a positive attitude is essential for a higher level of motivation and performance 	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	IT	IT	IT	IT
understand the impact of positive self talk	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
understand the impact of encouragement	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
 understand and analyze how thinking patterns influence feelings (eg. positive thinking, all or nothing thinking, overgeneralization, perfectionism) 								IT	IT	IT	IT	IT	IT
 identify appropriate strategies to foster positive feelings and attitudes 		IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT

 nduring Understanding Ethical leadership influences others to contribute their personal best. Students will 	0/			onally unitie	_	•	oracti	ice) or	Foste	red		
Learning Target	K	1 2	3	4	5	6	7	8	9	10	11	12
 understand how mentoring can help achieve a variety of personal, emotional, and professional goals 				IT	O/F	O/F	IT	O/F	O/F	IT	IT	IT
• understand the critical values, attitudes, and traits needed to become a leader of oneself; therefore being able to be a leader by example for others.				IT	IT	IT	IT	IT	IT	IT	IT	IT
• understand how being a role model influences those persons with whom they have current relationships to act accordingly.			IT	IT	O/F	O/F	IT	IT	O/F	O/F	IT	IT
• understand the importance of building solid relationships in developing a strong team, being a supportive leader, and aiding others in their goals.			IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
through practice, develop an understanding of the nature of creating a solid working relationship.			IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
 understand how to make positive and influential relationships with other students during theoretical and practical experiences. 			IT	IT	IT	IT	IT	IT	IT	IT	IT	IT

<u>Character Education Map at a Glance – Essential Skills</u>



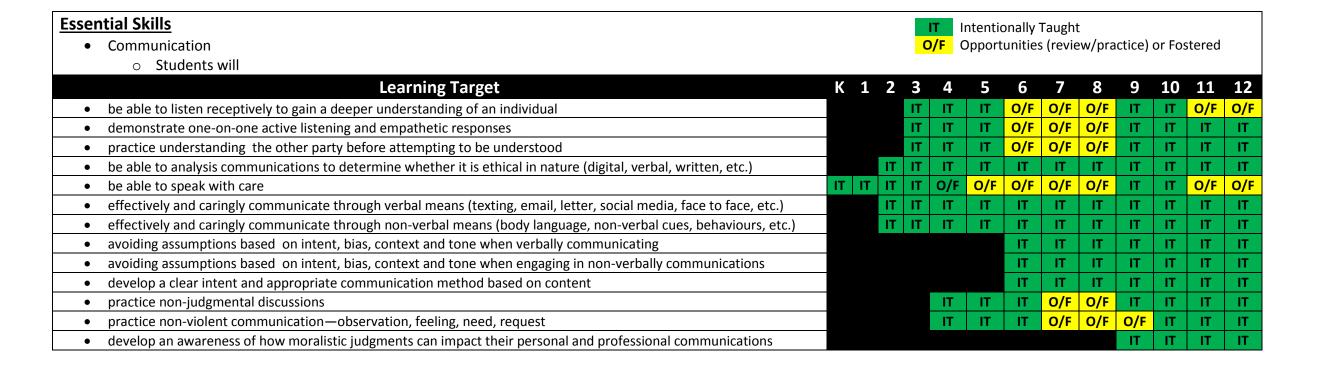
Essential Skills					IT	Inte	entiona	ally Tai	ught				
Act courageously				O)/F	Opp	ortun	ities (r	eview	/practi	ce) or	Foste	ered
o Students will													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
be able to identify what constitutes their own comfort zones			IT	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT
 develop and apply strategies that will push them outside of their own comfort zones 	IT	Τ	IT	O/F	IT	IT	IT	O/F	O/F	IT	IT	IT	IT
 be able to identify the benefits of working outside of their comfort zones 	IT	Η	IT	O/F	IT	IT	IT	O/F	O/F	IT	IT	IT	IT

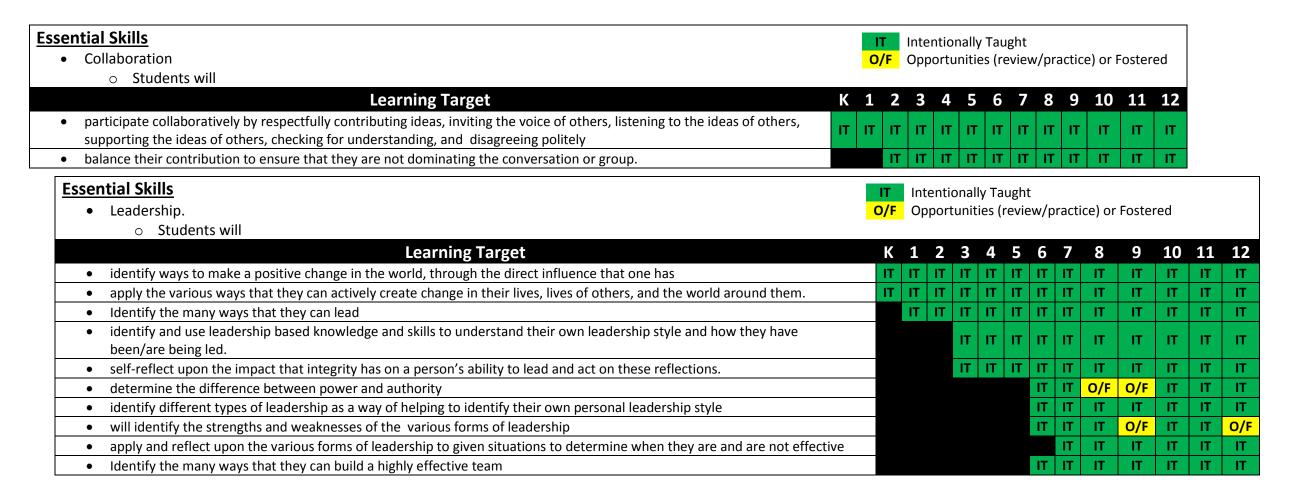
Essential Skills													
Empathy													
o Students will													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 be able to identify circumstances that different societies and communities face during times of hardship, and imagine what it would be like to live those experiences. 			ΙT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
be able to identify and empathize with another person's feelings	IT	IT	IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	IT	IT
able to use body language and feelings associated with it			IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	IT	IT
 identify and adjust when personal bias is having an impact on their judgment or empathy 						IT	IT	IT	IT	IT	IT	IT	IT
 develop an emotional vocabulary—happy, sad, anxious, scared, angry, embarrassed, hurt, excited 	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	IT	IT	O/F	O/F
 be able to identify what contributes to and avoid becoming desensitized to ethical issues 	O/F	O/F	O/F	O/F	H	IT	IT	IT	H	IT	IT	IT	Н
act in a sensitivity manner that demonstrates care	O/F	O/F	O/F	O/F	IT	IT	IT	IT	IT	IT	IT	IT	IT

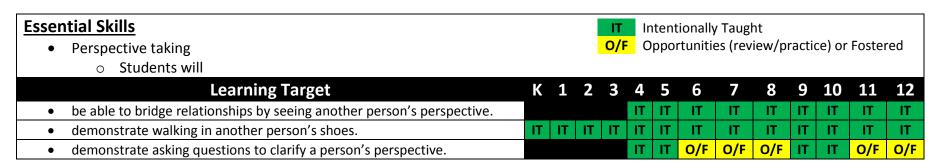
Essential SkillsCritical thinking			IT O/F		ntior ortu	•	-	-	/pra	ctice	e) or F	ostere	ed
 Students will Learning Target 	K	1	2	3	4	5	6	7	R	g	10	11	12
establish criteria and apply it	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
identify the difference between facts and inference	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
identify cause and effect			IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
be able to identify and adjust when a stereotype is impacting a decision	O/F	O/F	O/F	O/F	IT	IT	IT	IT	IT	IT	IT	IT	IT
 identify and apply a variety of thinking strategies—list for and against, stand back to get the big picture, talk through a confusing issue with another person, use models, metaphors, drawings and symbols, use graphic organizers 	IT	IT	IT	IT	П	IT	П	Ħ	IT	IT	IT	IT	IΤ
 develop habits of mind—open-mindedness, fair-mindedness, independent-mindedness, inquiring/critical attitude, commitment to open discussion, empathy, respect for high quality products and performances, attention to detail, curiosity, intellectual work ethic, and honest response 	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	IT	ΙΤ

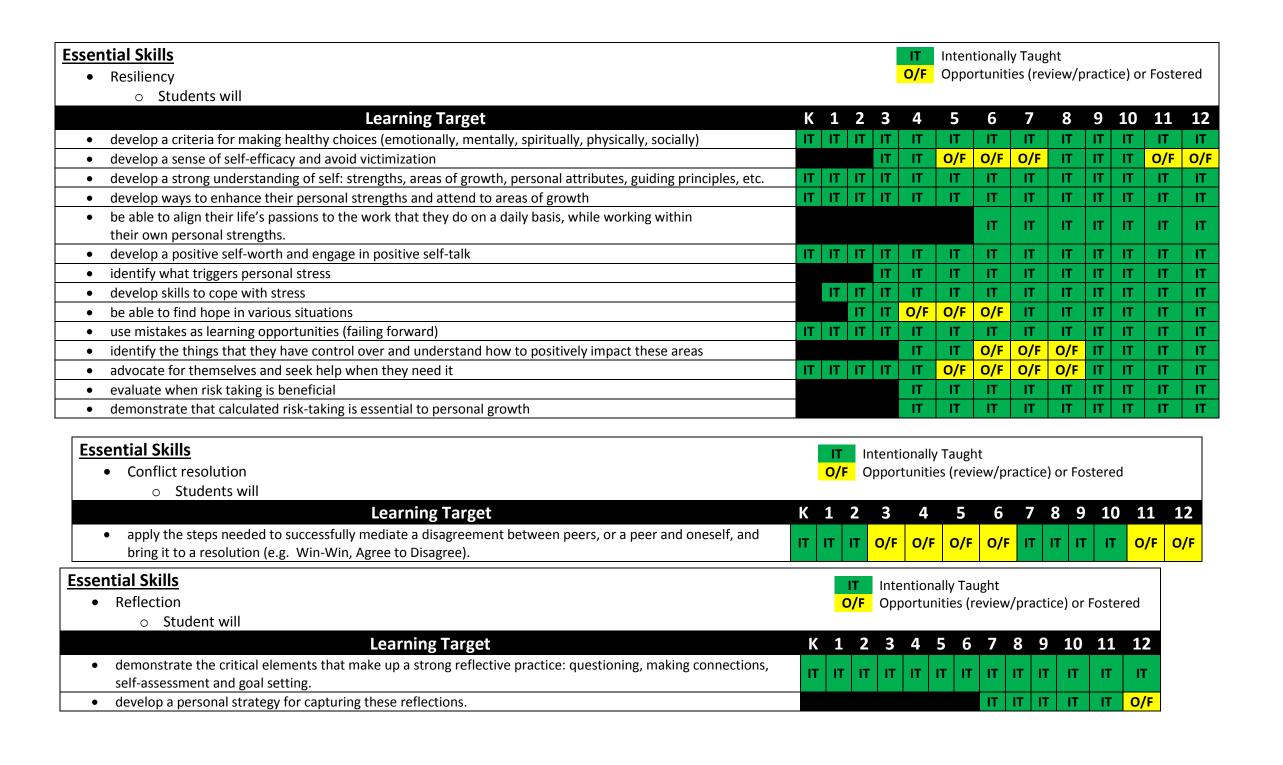
Essential Skills ■ Social skills □ Students will Intentionally Taught O/F Opportunities (review/practice) or Foster													·ed
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 develop an awareness of socially acceptable behaviours and act with these manners on a daily basis. 	IT	IT	IT	IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	IT
 develop strategies to address and confront harmful behaviours exhibited by themselves or others (e.g. discrimination, racism, bullying, etc.) which has a negative impact on an individual or a community 	IT	IT	IT	IT	ıτ	IT	IT	IT	IT	IT	IT	IT	IT
be able to read social cues within a given social context and act in a caring manner.			IT	IT	IT	IT	O/F	O/F	O/F	IT	IT	IT	IT
analyze behavior patterns to evaluate the effects of caring										IT	IT	IT	IT
 develop an understanding of what is a healthy relationship and develop strategies which will enable them to make and keep these relationships 				IT	IT C	O/F	O/F	O/F	IT	IT	IT	Ħ	O/F
 be able to communicate in a way that will promote positive social interactions in various settings (peer, family, community, professional, etc.) 	IT	IT	IT	IT	ΙΤ	IT	IT	IT	IT	IT	IT	IT	IT

Essential Skills					IT	Inte	ention	ally Ta	ught				
Problem solving					O/F				_	/pract	ice) or	Foster	ed
o Students will													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 use core virtues to solve problem which might involve a conflict or moral dilemma 	IT	IT	IT C)/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F	O/F
 use of an ethical decision-making methodology based on a solution focused mindset. 				IT	IT	IT	IT	IT	IT	IT	IT	IT	IT
 chose a solution which has the highest degree of potential success for all (Win-Win) 				IT	IT	O/F	O/F	O/F	IT	IT	IT	O/F	O/F
re-evaluate and reflect upon the solution after its implementation	IT	IT	IT	IT	IT	O/F	O/F	O/F	O/F	IT	IT	IT	IT
 make use of problem solving techniques to select appropriate risk-taking activities for personal growth, or the growth of a group, and empowerment; e.g., increasing freedom means increased responsibility for consequences of choices. 							IT	IT	IT	IT	IΤ	IT	IT
 anticipate potential problems and develop a variety of strategies that can be used to solve or avoid them. 					IT	IT	IT	IT	IT	IT	IT	IT	IT









Essential Skills IT						ht							
Habit Building	O/F Opportunities (review/practice) or Fostered												
o Students will													
Learning Target		K	1	2 3	3 4	5	6	7	8	9	10	11	12
use a method for successfully instilling a beneficial habit.					IT	IT	IT	IT	IT	IT	IT	IT	IT
 select personal habits in areas of physical, social, mental, and/or emotional health and work towards improvement 					IT	IT	IT	IT	IT	IT	IT	IT	IT
 elicit the help of another student, and help another student, in putting in place an improved habit. 					IT	IT	IT	IT	IT	IT	IT	IT	IT

Essential Skills					IT	Inte	ention	ally Ta	ught				
Goal Setting				C)/F	Op	portur	nities (ı	eview	/pract	ice) or	Foster	red
 Students will 													
Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 use the SMART goal framework to create goals associated with school and personal life 	IT	IT	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F
 identify the advantages of setting and following through with SMART life goals 					IT	IT	IT	IT	IT	IT	IT	Τ	IT
 identify what the possible impacts are of not setting and/or following through with life goals 					IT	IT	IT	IT	IT	IT	IT	Ħ	IT
 set and prioritize with the end in mind SMART life goals (academic, social, emotional, physical, and inspirational) 					IT	IT	IT	IT	IT	IT	IT	IT	IT
develop a plan to meet the created SMART life goals					IT	IT	IT	IT	IT	IT	IT	IT	IT
implement, evaluate and adjust plans to meet attainable goals					IT	IT	IT	IT	IT	IT	IT	I	I
 help mentor and guide another student through the goal setting process by acting as a mentor. 								IT	IT	IT	IT	IT	IT
will create SMART goals that develop life balance in all areas of focus								IT	IT	IT	IT	IT	IT

Essential Skills	T	Intentionally Taught												
Establish priorities	/F	Opportunities (review/practice) or Fostered												
 Students will 														
Learning Target		K	1	2	3	4	5	6	7	8	9	10	11	12
 develop criteria for establishing priorities with a focus on a balanced lifestyle 						IT								
• be able to differentiate between the urgent and important and reflect upon prioritizing in relation to time management.						IT								
revise priorities based on criteria						IT	IT	IT	IT	E	IT	Ħ	Ħ	IT
 act to balance long term and short term gratification 						IT								

Essential Skills

Digital Awareness

IT Intentionally Taught

F/O Fostered or Opportunities (review/practice)

- * Italicized and Bracketed items shows the correlation with the Nine Elements of Digital Citizenship*
 - Students will

Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
 Be able to understand that they are Digital Citizens and are responsible to the world wide community. (Rights & Responsibilities, Communication, Etiquette, Literacy) 	IT	IT	ΙΤ	IT	F/O								
Be able to identify cyber bullying and be able to recognize the impact on themselves and others. (Etiquette, Law, Security, Health)	IT	IT	IT	IT	IT	IT	F/O						
 Be able to recognize that online activity has implications, leaves a digital footprint for which they are responsible. (Rights & Responsibilities, Law, Access, Commerce, Etiquette) 	IT	IT	IT	IT	IT	IT	ΙT	F/O	F/O	F/O	F/O	F/O	F/O
 Understand that online activity creates their digital identity and footprint. (Rights & Responsibilities, Access, Etiquette, Security, Law, Communication) 				IT	IT	IT	IT	IT	IT	IT	IT	Ħ	F/O
 Understand that there are possibilities for dangers and be aware of how to keep themselves and others safe. (Security, Access, Health, Communication, Literacy, Rights and Responsibilities) 			ΙT	ΙT	IT	ΙΤ	ΙT	IT	ΙΤ	ΙΤ	ΙΤ	Ξ	F/O
Be able to analyze the legitimacy of information, identities, and sources. (Literacy, Rights & Responsibilities , Law, Commerce)					IT								
 Understand the responsibilities and implications of using online sources, identities, and information. (Rights & Responsibilities, Law, Commerce, Security) 								IT	IT	IT	IT	IT	IT