

Essential Skills

● Goal Setting

- Students will

IT Intentionally Taught
O/F Opportunities (review/practice) or Fostered

Learning Target	K	1	2	3	4	5	6	7	8	9	10	11	12
● use the SMART goal framework to create goals associated with school and personal life	IT	IT	IT	IT	IT	IT	O/F	O/F	O/F	O/F	O/F	O/F	O/F
● identify the advantages of setting and following through with SMART life goals					IT	IT	IT	IT	IT	IT	IT	IT	IT
● identify what the possible impacts are of not setting and/or following through with life goals					IT	IT	IT	IT	IT	IT	IT	IT	IT
● set and prioritize with the end in mind SMART life goals (academic, social, emotional, physical, and inspirational)					IT	IT	IT	IT	IT	IT	IT	IT	IT
● develop a plan to meet the created SMART life goals					IT	IT	IT	IT	IT	IT	IT	IT	IT
● implement, evaluate and adjust plans to meet attainable goals					IT	IT	IT	IT	IT	IT	IT	IT	IT
● help mentor and guide another student through the goal setting process by acting as a mentor.								IT	IT	IT	IT	IT	IT
● will create SMART goals that develop life balance in all areas of focus								IT	IT	IT	IT	IT	IT