Essential Skills

• Habit Building

Students will

IT Intentionally Taught

O/F Opportunities (review/practice) or Fostered

	O Students will												
	Learning Target	K	1	2									12
•	use a method for successfully instilling a beneficial habit.				IT	IT	IT	IT	Τ	IT	IT	IT	IT
•	select personal habits in areas of physical, social, mental, and/or emotional health and work towards improvement.				IT	IT	IT	IT	Τ	IT	IT	IT	IT
•	elicit the help of another student, and help another student, in putting in place an improved habit.				IT	IT	IT	IT	IT	IT	ī	IT	IT